

# TAMAYA WELLNESS CENTER

will be

# CLOSED

**Friday, Feb. 13<sup>th</sup> at 4pm**

**Saturday, Feb. 14<sup>th</sup>**

**& Sunday, Feb. 15<sup>th</sup>**

*There Will Be NO Regular Scheduled Programming, Classes, or Open Gym. Thank You For Your Understanding.*



**TAMAYA WELLNESS CENTER**

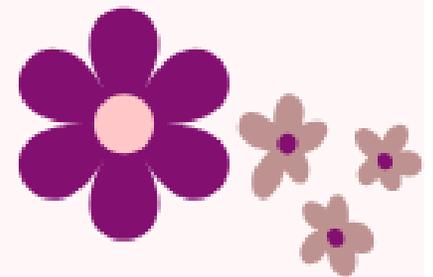
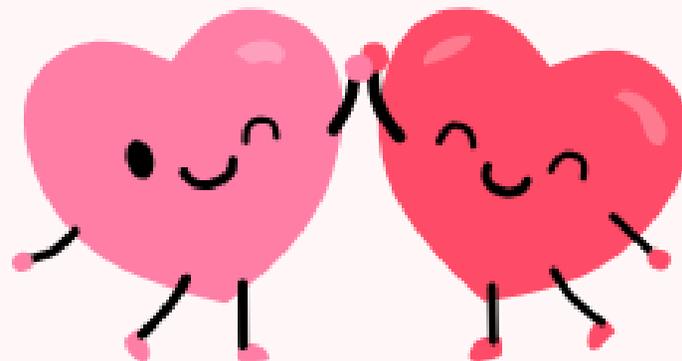
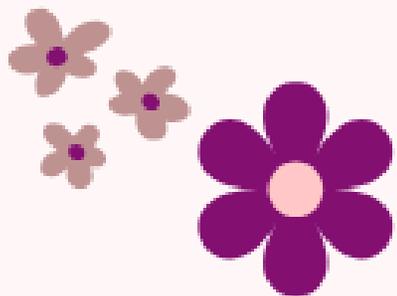




# TAMAYA WELLNESS CENTER

*"a partner in your wellness journey"*

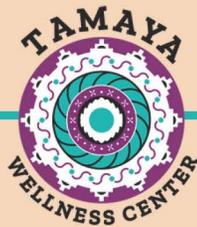
Be kind to  
your mind and  
love your heart.





# TAMAYA WELLNESS CENTER

## 3V3 ROUND ROBIN TOURNAMENT NIGHTS



- FEBRUARY 27<sup>TH</sup> AND MARCH 27<sup>TH</sup>
- 5 PLAYERS PER TEAM
- CO-ED HIGHLY ENCOURAGED
- ALL SKILL LEVELS ENCOURAGED

TEAM REGISTRATION IS **REQUIRED** FOR THIS EVENT. BRING A TEAM OF 5 TO PLAY THROUGHOUT THE NIGHT. MAXIMUM NUMBER OF TEAMS IS **8**.  
**OPEN TO THE PUBLIC WITH \$7 PAID ADMISSION.**

FOR MORE INFORMATION OR TO SIGN UP A TEAM, CONTACT  
SPORTS AND EVENTS @ 505-771-6381  
OR JOSEPH @ 505-785-4792

## 3V3 ROUND ROBIN RULES

### TEAMS

- 5 TOTAL PLAYERS ON EACH TEAM (3 ON COURT, 2 SUBS PER TEAM)
- SUBSTITUTIONS ALLOWED BETWEEN DEAD BALLS

### GAME FORMAT

- GAME FORMAT WILL VARY BASED ON HOW MANY TEAMS ENTER THE ROUND ROBIN TOURNAMENT

### SCORING

- INSIDE THE ARC = **1 POINT**
- BEHIND THE ARC = **2 POINTS**

### CHECK BALL AND POSSESSION

- ALL GAMES START WITH CHECK BALL AT TOP
- AFTER A MADE BASKET DEFENSE WILL GET THE BALL
- ALL DEAD BALLS RESTART WITH A CHECK

### FOULS

- CALL YOUR OWN FOULS BUT **BE FAIR**
- DEFENSIVE FOULS = **CHECK BALL**
- SHOOTING FOUL (MISSED) = **1 FREE THROW**
- SHOOTING FOUL (MADE) = **BASKET COUNTS + CHECK BALL**

### REBOUNDS AND TURNOVERS

- DEFENSE MUST CLEAR THE BALL BEYOND THE ARC
- ALL JUMP BALLS GO TO THE DEFENSE

### TIMEOUTS

- 1 TIMEOUT PER TEAM
- 30 SECONDS



# TAMAYA WELLNESS CENTER

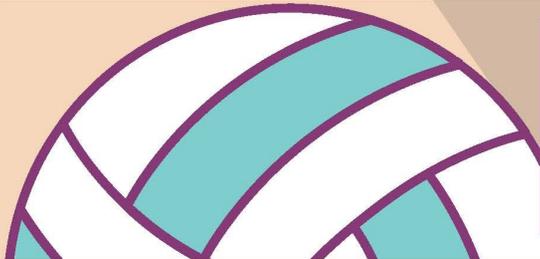


TAMAYA WELLNESS CENTER

## 4V4 ROUND ROBIN TOURNAMENT NIGHTS

- FEBRUARY 24<sup>TH</sup> AND MARCH 24<sup>TH</sup>
- 5 PLAYERS PER TEAM
- CO-ED HIGHLY ENCOURAGED
- ALL SKILL LEVELS ENCOURAGED

TEAM REGISTRATION IS **REQUIRED** FOR THIS EVENT. BRING A TEAM OF 5 TO PLAY THOROUGHOUT THE NIGHT. MAXIMUM NUMBER OF TEAMS IS **5**.  
**OPEN TO THE PUBLIC WITH \$7 PAID ADMISSION.**



FOR MORE INFORMATION OR TO SIGN UP A TEAM, CONTACT  
SPORTS AND EVENTS @ 505-771-6381  
OR JOSEPH @ 505-785-4792

## 4V4 ROUND ROBIN RULES

### TEAMS

- 5 TOTAL PLAYERS ON EACH TEAM (4 ON THE COURT, 1 SUB PER TEAM)
- MINIMUM 3 PLAYERS TO PLAY
- SUBSTITUTIONS ALLOWED BETWEEN POINTS

### MATCH FORMAT, SETS, AND POINTS

- MATCH FORMAT, SETS, AND POINTS WILL VARY BASED ON HOW MANY TEAMS ENTER THE ROUND ROBIN TOURNAMENT

### SERVING

- SERVE FROM BEHIND THE LINE
- OVERHAND AND UNDERHAND SERVES ALLOWED
- ROTATE CLOCKWISE WHEN GAINING THE SERVE

### BALL CONTACTS

- 3 HITS MAX PER TEAM
- NO DOUBLE HITS (EXCEPT AFTER A BLOCK)
- A BLOCK DOES NOT COUNT AS A HIT

### ATTACKING AND BLOCKING

- NO BLOCKING OR ATTACKING A SERVE
- PLAYERS MAY ATTACK FROM ANYWHERE
- NO REACHING OVER THE NET

### NET AND LINES

- NO TOUCHING THE NET DURING PLAY
- BALL ON THE LINE IS **IN**
- CENTER LINE CROSSING IS ALLOWED IF NO INTERFERENCE

### TIMEOUTS

- 1 TIMEOUT PER TEAM (PER SET IF MATCH FORMAT FITS)
- 30 SECONDS



# TAMAYA WELLNESS CENTER



every 3rd Tuesday of the month

## COMMUNITY FOOD PANTRY

# PANTRY

**Feb. 17, 2026**

**3pm - 6pm**

**Tamaya Wellness Center**



Please bring your reusable bags.  
All Community & Employees are welcome.  
Items are subject to change and may be limited.

food provided by

**ROADRUNNER FOOD BANK**  
OF NEW MEXICO



# SAVE THE DATE!



**TAMAYA WELLNESS CENTER**

questions, information, or assistance,  
contact TWC Front Desk (505) 771-6370

*TAMAYA WELLNESS CENTER*

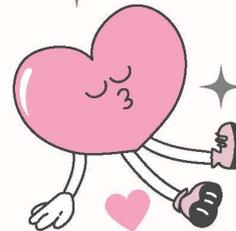
# Valentine's Glow Swim

**20 February**

**5PM-7:30PM**

OPEN TO THE PUBLIC with paid admission as follows: -Adults \$7 -18 & under \$5

Santa Ana Community Members, bring up to 2 guests for FREE



CONTACT US AT (505) 771 6372



# TAMAYA WELLNESS CENTER



x



## DIGITAL MEDIA CAMP

*"FIND YOUR STRENGTH.  
FIND YOUR PURPOSE.  
LEVEL UP YOUR SKILLS."*

### About This Opportunity

- INTRO TO DIGITAL MEDIA
- PHOTOGRAPHY & VIDEOGRAPHY BASICS
- GRAPHIC DESIGN FUNDAMENTALS
- CREATIVE STORYTELLING & CONTENT CREATION
- SOCIAL MEDIA CREATION
- MENTORSHIP FROM A PROFESSIONAL INSTRUCTOR

### Program

- MARCH 2026 - APRIL 2026
- TUES & THURS 4:30PM - 6:30PM
- SANTA ANA YOUTH AGES 13 - 18
- **LIMITED SPOTS AVAILABLE**



TAMAYA WELLNESS CENTER



PHOTOGRAPHY



VIDEOGRAPHY



GRAPHIC DESIGN



FOR MORE INFORMATION  
CONTACT  
PRINCE ROBERTSON @  
505-410-5040



TAMAYA WELLNESS CENTER

## SATURDAY SPRING TRAINING SERIES

BASEBALL & SOFTBALL DEVELOPMENT PROGRAM  
EVERY SATURDAY MORNING IN MARCH (4-WEEK PROGRAM)

### PROGRAM FOCUS

- FUNDAMENTALS & SKILL DEVELOPMENT
- HITTING, THROWING, FIELDING & BASE RUNNING
- GAME AWARENESS & CONFIDENCE
- AGE-APPROPRIATE DRILLS & INSTRUCTION

### WHAT TO EXPECT

- ORGANIZED PRACTICES
- SKILL STATIONS & COMPETITIONS
- TEAMWORK & SPORTSMANSHIP



SANTA ANA YOUTH  
AGES 5-9: 9:00AM-10:30AM  
AGES 10-17: 11:00AM-12:30PM

To sign up a player please scan the QR code.

For more information please call Joseph @505-785-4792



TAMAYA WELLNESS CENTER