

HOLIDAY HOURS



DEC. 24 – CLOSE AT 12PM NOON

DECEMBER 25 – CLOSED

DECEMBER 26 – CLOSED

DECEMBER 27 – CLOSED

DECEMBER 28 – CLOSED

DEC. 31 – CLOSE AT 12PM NOON

JANUARY 01 – CLOSED

**MERRY
CHRISTMAS**





TAMAYA WELLNESS CENTER

Winter Bazaar 2025

Saturday, December 13th

9am-3pm

📍 **Tamaya Wellness Center**
225 Ranchitos Rd, Santa Ana Pueblo

**Featuring 50+ local artists, jewelers,
potters, and seamstresses**

- **Support local**
- **Connect**
- **Celebrate the holiday season**

EVERYONE IS WELCOME!



every 3rd Tuesday of the month

COMMUNITY FOOD

PANTRY



Dec. 16, 2025

3pm - 6pm

Tamaya Wellness Center



Please bring your reusable bags.

All Community & Employees are welcome.

Items are subject to change and may be limited.

food
provided by

**ROADRUNNER
FOOD BANK**
OF NEW MEXICO



**TAMAYA
WELLNESS
CENTER**

SAVE THE DATE!

*questions, information, or assistance,
contact TWC Front Desk (505) 771-6370*



**TAMAYA
WELLNESS
CENTER**

let's make some

Oven Bread Rolls

**TUES - DECEMBER 16th
TWC DEMO KITCHEN
6PM - 8PM**

This hands-on demo is for ages 15 and older. Anyone under the age of 15 must be accompanied by an adult.



**LIMITED SPACE - INDIVIDUALS
MUST REGISTER TO ACCOUNT
FOR SPACE & INGREDIENTS.**

**Register using QR code! For more info contact Kevin at
• (505) 771-6383 • kevin.l.montoya@santaana-nsn.gov •**





Fitness Class Holiday Theme Week

Come to fitness classes all week and show off your best Holiday apparel.

Monday 12/15

Wear **Red & Green**



Tuesday 12/16

Cozy
Christmas
Socks Day



Wednesday 12/17

Christmas
Movie Shirt
Day



Thursday 12/18

Favorite
Holiday
Accessory



Friday 12/19

Ugly
Sweater
Day



Dress up and/or bring a friend and be entered into a gift card drawing!

*1 gift card per person, new participant must be community member or SAP employee

DEC 12 DAYS OF WELLNESS 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
7 	8 	9 	10 EXAMPLE	11 FAVE 18 HOLIDAY ACCESSORY DAY 12 DAYS OF CHRISTMAS WORKOUT AT TWC 6:30AM AND 12:15PM	12 12 DAYS OF WELLNESS CHALLENGE BEGINS	13 
14 	15 WEAR RED & GREEN	16 COZY CHRISTMAS SOCKS DAY	17 CHRISTMAS MOVIE SHIRT DAY	18 FAVE 18 HOLIDAY ACCESSORY DAY	19 UGLY SWEATER DAY	20 
21 	22 	23 12 DAYS OF WELLNESS CHALLENGE ENDS	24 MERRY CHRISTMAS EVE	25 MERRY CHRISTMAS	26 	27 
28 	29 	30 	31 HAPPY NEW YEAR'S EVE			

Community Members who participate (16yrs or older) in any of the activities will earn incentives and entries into a gift card drawing for each activity completed. Wear the designated theme to a workout class or bring a friend and be entered into the drawing.

To sign up for the Wellness Challenge or for more information please contact Laura at 505-980-1066 or laura.nava@santaana-nsn.gov

NAME: _____