



Morning Medicine Walk & Talk

**with Cameron Harrell,
Community Health & Wellness Specialist**

Education and open dialogue on Diabetes, Obesity, and Heart Disease prevention will be provided.

Meet at the Senior Center after breakfast

Fridays from 9:00am - 10am

*Transportation provided. For more info,
contact Cameron @ (505) 549-2494.*

This is a Wellness Warrior coin earning activity.

