



# Let's walk the Cottonwoods!



**Wednesday, August 28th**

**5pm - 6:30pm**

**@ the Tamaya Hyatt Cottonwood Trails**

**Shuttle will be available and will leave the**

**Tamaya Wellness Center at 4:30pm, return about 7pm**

**(shuttle space is limited to 15 people, call Kevin 771-6383 or Tina 771-6753 to sign-up)**



**Part of the Fall  
Walking Series**



**brought to you by the Tamaya Wellness Program**